



In 2012 I had an action filled summer. It started with a World Challenge trip to Morocco with 18 teenagers; we were **hiking in the Atlas Mountains** and painting murals in a local school which we helped renovate. Then in the middle of a bit of sunbathing and relaxing in Menorca with friends I bought a new house; a renovation project with my husband. At the end of this idyllic summer **my life changed dramatically**.



I was diagnosed with a rare form of Ovarian Cancer and I was harnessed to the roller coaster which I have been on since.

# All Things Arty

Sarah R 

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**HAN**  
Home Artificial  
Nutrition  
Awareness Week  
10-16 August 2015



Following adhesions from surgery due to my Ovarian Cancer I have been on Total Parenteral Nutrition (TPN) since February 2014.

### Life on home artificial nutrition (HAN):

I can live; it's saved my life. My treatment is done at home and given overnight so it's convenient. Not having to eat or cook isn't such a bad thing!



I'm 36 and my husband and I are currently renovating our house, which we have been doing for the past three years (since been diagnosed with Ovarian Cancer), but it's nearly finished and we hope to move in this summer. In the meantime we have been living with my parents, which has been lovely as we are **a very close family**. I have a younger brother and sister who are both married and I have a six year old niece.



I teach Art and Design part time in a secondary school in County Durham. **I like all things arty and crafty** from browsing round galleries to making my own stuff. I trained as a glass artist, but I also enjoy working with wool, crocheting and felting.



Being part of PINNT's Awareness Week has been exciting. Following an initial call to PINNT my interest in arts and crafts led to the 'Art Attack' project which has been used to launch PINNT's third awareness week. Using items that are normally discarded to create artificial food placed along-side normal food is an interesting way to **showcase the artificial nutrition** which has enabled me to continue my life.

PINNT has been very supportive from the start, helping me ease into my new lifestyle. The holiday advice is particularly helpful. **My hopes for the future** is that the cancer stays as it is and I can live a long, happy, healthy life.

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**PINNT: "Supporting people on home artificial nutrition"**

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