



Home Artificial Nutrition (HAN) Guide

Level Playing Field x PINNT

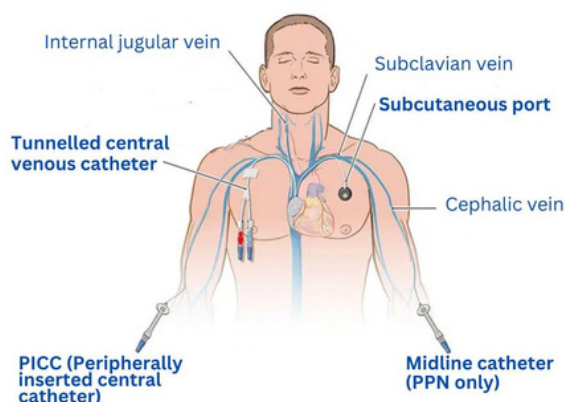
Level Playing Field have produced the following document in partnership with the support group PINNT. The document provides sporting venues with guidance on how they can support individuals who require Home Artificial Nutrition (HAN) to attend live sport.

What is HAN?

Home Artificial Nutrition (HAN) is a form of nutrition for individuals that, due to medical conditions, are unable eat or drink conventionally and require their nutrients through tube feeding.

This can be either:

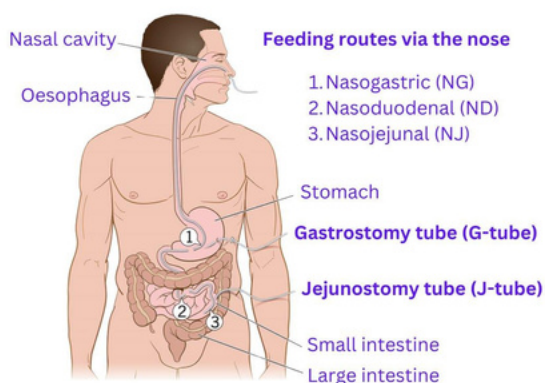
Intravenous feeding (parenteral nutrition)



Parenteral Nutrition (PN)

a tube through the main vein near the heart.

Tube feeding (enteral nutrition)



Enteral Nutrition (EN)

tube feeding that is given via different types of tubes, either through the nose, stomach or bowel.

#Verify

Level Playing Field x PINNT



Who are PINNT?

PINNT are a support and advocacy group for people who require Home Artificial Nutrition (HAN).

PINNT provide education, information and guidance to HAN individuals and their families.

Why awareness is important

For many spectators who require the use of HAN equipment, it is a major lifestyle adjustment. Many HAN spectators are anxious about attending live sport, due to the lack of awareness among staff and other spectators at venues.

As the pumps and equipment are carried by the spectator in a rucksack, many HAN spectators are concerned that they may be denied entry or may face intrusive questions regarding the equipment on entering the stadium, during security checks, etc.

The purpose of this guide

The purpose of the guide is to raise awareness about spectators attending live sport with HAN equipment, and to provide venues with information to help them review their policies and procedures, particularly regarding medical exemptions and the admittance of related bags/rucksacks.

The guide outlines support that venues can provide to HAN spectators, along with general awareness information for staff.

Support required for HAN spectators

Consider the bag/medical exemption policies in place:

- **Where can spectators find more information about the bag/medical exception policy prior to visiting?**

Information around the bag/medical exemption policy should be readily available and clearly visible on the website and provided to spectators prior to arrival, e.g. at time of ticket purchase.

It would be helpful to include information on who spectators can contact if they have questions or concerns to raise, both prior to arrival and on the day.

- **Does the venue have any policies that would restrict HAN or other disabled spectators who require additional equipment to attend live sport?**

The recommendation is that there should be flexibility to review requests on a case-by-case basis.

It is important to remember HAN spectators are fully trained on their equipment and feeding tubes.

- **How straightforward is the process to apply for a medical exemption?**

Consider whether your venue's medical exemption application process is overly complex, intrusive or time consuming.

If so, then this may be placing an unnecessary additional barrier that prevents HAN or other disabled spectators from attending.



**PINNT have
Medical Tags
for members**

Support required for HAN spectators

Whilst the individual pumps and tubes can look intimidating, it is important to remember that equipment issues are very rare. HAN spectators receive training on how to deal with any issues that are likely to arise when they attend live sport.

However, there are a few things venues can do to help support HAN spectators throughout their visit, such as:

- Provide contact details for a person in the venue who can help with entry on the day.
- Identify a suitable location - a clean, private area to carry out procedures if necessary.
- Notify spectators of the location of the nearest accessible toilet in relation to their seat, and how to gain access, e.g. whether a RADAR key is required.

Steward & Staff Awareness during the event

- Ensure stewards are aware of where the HAN person is seated.
- Ensure assistance is available if required e.g. help to get to a clean room, or support to exit if there is a venue emergency.
- Ensure all staff are aware of the policy and procedure to reduce the number of required checks (this could include introducing additional tags).
- Ensure any concerns are dealt with sensitively and respectfully.
- Assist with exiting the venue smoothly and safely, if requested.

Medical Equipment Verification Guidance

The following pages provide verification that an item you are seeing is a piece of essential medical equipment - an infusion pump.

- The pump is used to provide a controlled and safe infusion of life-saving medical fluids. The fluid is given via a tube or catheter that is medically sited on the individual.
- When in use, the pump will have tubing coming from it and it will be visible, coming out of the rucksack. There may also be accessories related to the pump contained in the rucksack.

PINNT advocate that our members should be able to enjoy a good quality of life which will mean socialising in public as they so wish.

We are fully aware that a rucksack can look suspicious with such equipment. However, used for this purpose, it is safe for the person using it and those around them.

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Types of pumps

On the next two pages, there are images of the types of pumps that HAN individuals use. For full product and technical information about the pumps, scan the QR code on the right, or visit: **pinnt.com/verify**



Venues can also verify medical equipment by scanning the QR code provided by the spectators through their PINNT medical tag.

Types of infusion pumps



Types of infusion pumps - continued



Note: - New pumps are added to PINNT's website at regular intervals.

More Information

For more information on this topic, including staff training, and also the #Verify campaign, please visit the PINNT website:

pinnt.com

For more information on accessibility and inclusion in live sport, and other Level Playing Field initiatives, visit our website or get in touch:



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