

**PINNT**

PO Box 3126  
Christchurch  
Dorset BH23 2XS

**Website:** [www.pinnt.com](http://www.pinnt.com)

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**PINNT**

A SUPPORT GROUP FOR PEOPLE  
RECEIVING ARTIFICIAL NUTRITION



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**Registered charity 1157655**

**An Introduction to PINNT**

**Member's Information Booklet**



[www.pinnt.com](http://www.pinnt.com)

# An Introduction to PINNT: CONTENTS

*Welcome to PINNT! This document offers an introduction to PINNT's services, including information about membership, support, travel, children, online help and much more. PINNT's regularly updated website can be found at [www.pinnt.com](http://www.pinnt.com)*

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**ONE-STOP SHOP** PINNT offers a central contact point to make friends, swap tips and learn about help that is available.

## **PINNT**

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# About PINNT

*PINNT provides understanding and contact between patients, carers and their families to help eliminate some of the challenges which come with their treatment.*

## About PINNT

PINNT is a registered charity which serves to support both adults and children who require home artificial nutrition therapy. We provide understanding and contact between patients, carers and their families to help eliminate some of the challenges which come with their treatment.

## An outline of Artificial Nutrition

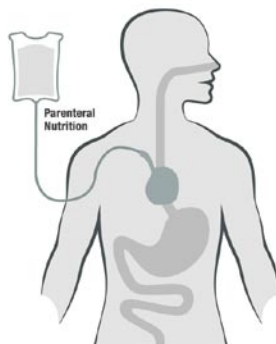
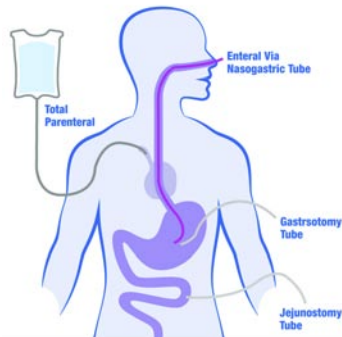
Artificial Nutrition refers to food that is not taken in the normal way by eating or drinking and the body absorbing the nutrition through the digestive process.

## PARENTERAL NUTRITION

Refers to nutrition given directly into a main vein close to the heart and is commonly known as Total Parenteral Nutrition (TPN) or Home Parenteral Nutrition (HPN).

## ENTERAL NUTRITION

Refers to nutrition that is given via fine tubes placed in various parts of the digestive system such as down the nose (nasogastric feeding), directly into the stomach (gastrostomy feeding), or directly into the small bowel (jejunostomy feeding).



## Aims of PINNT

- To encourage contact and mutual support between members
  - To develop public awareness
- To encourage and assist with research relating to these therapies
- To provide information and advice regarding holidays and travel
  - To raise funds to enable our aims to be fulfilled



# Standing Order Mandate

*Please send your instructions directly to your Bank or Building Society.  
Please complete all sections clearly in BLOCK CAPITALS*

Title: Mr/Mrs/Miss/Ms/Dr/Other:

First Name:

Surname:

Your Address:

Post Code:

Bank Name:

Bank Address:

Post Code:

Account Name:

Account Number:

Sort Code:

# Standing Order Mandate

Please pay the following amount to:

*PINNT*

**BANK:** Arbuthnot Latham  
**ACCOUNT NUMBER:** 51894101  
**SORT CODE:** 30 - 13 - 93

**The Sum of:**  Commencing on:

/  /  dd/mm/yyyy

**Frequency:**  Monthly  
 Quarterly  
 Yearly

**Duration:** Number of Payments:

**Or:** Date of last payment:  /  /  dd/mm/yyyy

**Or:**  until further notice

**Signed:**

**Date:**  /  /  dd/mm/yyyy

Oct 2015

**Registered charity 1157655**

# Standing Orders

*PINNT's ready to use standing order form can be presented to your bank. Alternatively you can use our bank details to setup a direct debit using your own online banking website.*

To accommodate everyone who may now wish to give to PINNT via a Standing Order we have now produced this dedicated form which comes ready for you to complete and forward to your bank.

To accommodate everyone's wishes please use the form if you wish to give to PINNT by standing order, which upon completion must be given to **your bank**.

With the increased use of Internet and telephone banking you can set up a Standing Order from the comfort of your own home if you elect not to use this form.

To use our form please complete the sections shown on the opposite page. Remember you need to give your own bank details, the amount and frequency of your donation(s). Remember to sign and date the form.

If you would prefer to use your own bank's mandate form then simply give them a call or pop in and ask for one.

If using any other forms please use the following details:

**BANK:** Arbuthnot Latham  
**ACCOUNT NUMBER:** 51894101  
**SORT CODE:** 30 - 13 - 93



**SUPPORT GROUP** PINNT offers a central contact point to make friends and find where help is available.



# Activities of PINNT

PINNT was created to help its members get together to make life easier for those on artificial nutrition. This encompasses many areas as the following highlights:

**CONTACT** between members

**VISITS** to support patients or promote PINNT activities

**PUBLICATIONS** Online (quarterly newsletter), Holiday Guidelines, Benefit advice, Talking Points leaflets, Restaurant Card, Safety Poster plus more

**EXTERNAL CONTACTS** to work closely with healthcare professionals and industry in order to fulfil our aims and develop a better understanding of life with Home Artificial Nutrition.

## How PINNT can help:

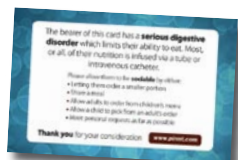
**Support** - PINNT assists its members with anything they feel is important, such as benefit advice, travelling etc.

**Membership** - PINNT welcomes patients, healthcare professionals, family members, friends and industry.

**Travel** - share member's feedback on travelling, provide a thought provoking booklet to discuss all aspects of travel, give advice on Travel Insurance and share your personal feedback with other members.

**Half PINNT** - represent the views of our special category of members for our younger members, pull together specific information for them and encourage information sharing for all our Half PINNT children's needs.

**Safety Poster** - designed for all HPN/TPN adults who go into hospital to address key questions about treatment and care plans.



**RESTAURANT CARD** An easy way to inform people of your needs when eating out with friends and family.



**ONLINE NEWS** PINNT's regular quarterly newsletter is packed with useful, up-th-the-minute information.

# Regional / Local Support Groups

*You are not alone - PINNT has a large network of regional and smaller local groups that are there for you as soon as you join up. Share ideas and experiences with people who share your needs.*



**FRIENDS TOGETHER** Share advice and have fun with fellow members near to you with a local support group.

PINNT has some long-standing regional groups that provide local mutual support and understanding for adults and children, parenteral and enteral members. Our groups welcome members to join in discussions and share ideas or personal experiences. They also encourage fun and laughter to support their fellow PINNT members. If a regional group is too big to consider we have, and support, local groups.

**Contact us for further info - New groups are always encouraged**

# PINNT Membership

The PINNT charity was created to help its members get together to make life easier for those with special feeding needs. This encompasses many areas, as the following highlights show.

## Membership

PINNT has three membership categories that make up our overall membership:

**Full Member** – patients receiving artificial nutrition therapy (adults and children).

**Associate Member** – a family member, relative, friend or an individual healthcare professional member.

**Corporate Member** – a company that has a dedicated interest in Home Artificial Nutrition. Charge applicable.



## PINNT Prize Pot

**Ask about our PINNT Prize Pot Club  
You could be a winner!!**

We raise funds to continue providing support to our members.



**INFO LIBRARY** Become a member and keep up-to-date with our wide selection of hints and tips literature.

# Final Checklist

*We look forward to receiving your membership application.  
Before you send off your form(s) please read the following:*

## Check list:

1. Complete the right form – Patients (full), family/friends/healthcare/etc (Associate)
2. Complete all relevant sections.
3. Membership is free – donations welcomed. You can send a cheque payable to 'PINNT' or set up a standing order; Standing orders – fill in the form and return to your bank.
4. Gift Aid – please tick relevant box if applicable (free money to PINNT).
5. Post membership form to the address shown; Standing orders – form to your bank.
6. Paying for someone else:

If you are sending off membership on behalf of someone else please ensure that you include the members name on the standing order.

*Thank you - we want to ensure we process and record your membership application correctly.*



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