



# PINNT

A SUPPORT GROUP FOR PEOPLE  
RECEIVING ARTIFICIAL NUTRITION

## Clinical Standards for Home Parenteral Nutrition in Scotland

### Promises made to your patients

To find out more about PINNT please visit [www.pinnt.co.uk](http://www.pinnt.co.uk)

We are a registered charity who support people at home on artificial tube feeding.  
Enteral or Parenteral feeding – find out more on our website!

If you require any information after reading this form please contact PINNT on:  
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## **Home Parenteral Nutrition: Good Practice Guidance for NHS Boards.**

The NHS Board in Scotland understand the responsibilities associated with patients who require Home Parenteral Nutrition (HPN) due to conditions such as Crohn's Disease, Intestinal Failure (IF), etc.

Since 2001 support has been available to all clinicians involved with the complex delivery of Home Parenteral Nutrition from the designated National Managed Clinical Network for Home Parenteral Nutrition (HPN NMCN).

A recent review carried out in 2010 set out clinical standards aimed at providing clear guidance on good practice in the delivery of HPN, with appropriate guideline, protocols and procedures. The [Good Practice Guide](#) can be found at <http://www.knowledge.scot.nhs.uk> on the HPN Communities of Practice pages:

### **Clinical Standards**

There are eight clinical standards involved with managing the delivery of HPN. Of these, two directly affect patients on HPN

#### **Clinical Standard 2: Patient Information & Education**

All patients and/or carers are involved in decisions making at all stages of care, from admission to discharge.

All patients and/or carers are provided with appropriate information materials about diagnosis and treatment.

#### **Rationale**

- Patients and Carers have a better ability to cope at home if they are involved in their clinical care decisions.
- Patients and Carers require appropriate training & information to provide them with the confidence & competence to manage at home.

#### **Clinical Standard 8: Follow Up & Monitoring**

All patients are provided with continuing support after discharge from an experienced and multi-professional team.

#### **Rationale**

- The risk of possible complication will be reduced if patients and/or carers are given ongoing support at home from experienced multi-professional staff.

The full set of [Clinical Standards for HPN](#) written by the MCN can be found at <http://www.knowledge.scot.nhs.uk> on the HPN Communities of Practice pages.

### **Checklist**

#### **Clinical Standard 2: Patient Information & Education**

- The implications for HPN were fully discussed to your patient?
- Were the goals of HPN clearly defined with potential benefits and risk identified to your patients?
- Did you provide details for a patient support group; PINNT (Patients on Intravenous and Naso-gastric Nutrition Therapy)?
- Was a thorough training programme given to your patient?
- Was a training programme adapted to fit in with the physical skills and environment of your patient?
- Was access to social support from the Department of Work & Pensions given to your patients (if appropriate)?

#### **Clinical Standard 8: Follow up & Monitoring**

- Did you provide access to 24hr telephone advice with experienced staff?
- Was written information on the detection & treatment of potential complications given to your patient?
- Do your patients receive regular reviews by a multi-professional team (at least every 4 months)?
- Do regular reviews include assessing the supply arrangements, equipment needs, physical and biochemical status?