



# Me and My Girl

Grace and Kara



www.pinnt.com

HAN

Home Artificial  
Nutrition  
Awareness Week

10-16 August 2015



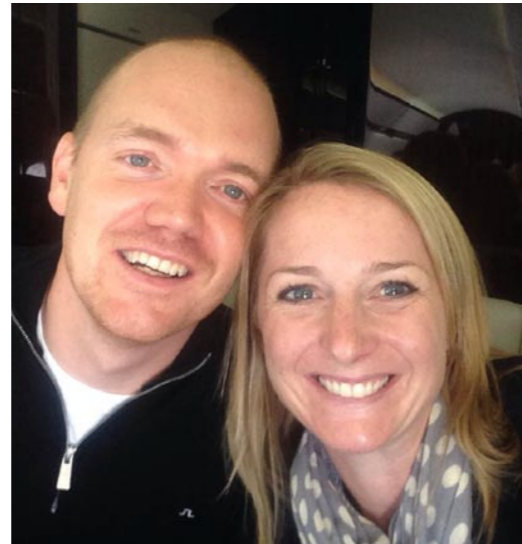
**Kara:** I receive total parenteral nutrition (TPN) because I have gastroparesis, intestinal failure and dysmotility and Ehlers Danlos Syndrome (EDS).

Before my TPN started in January 2014 I had jejunal feeding for five years. **TPN saved my life** and enabled me to get out the hospital and get back to a healthy weight.

**Living on home artificial nutrition (HAN):** As a mum of three, Grace 10, Harry 7 and George 3 **I love to see my family happy** which in turns makes me happy. I am a sporty lady, I especially love swimming and do whatever I can when my health allows it. I'm also quite partial to sun bathing on holiday!

You will read about Grace next; so not only am I receiving HAN I have a daughter on it too. Being part of PINNT is great, realising **you are not alone** along with the helpful information we receive.

**My hopes for the future** are to stay well and reduce my need for TPN. I would love to get back to enteral feeding. I want to be the best mummy and wife that I can be and be HAPPY!



**Grace:** I have Complex Congenital Heart Disease and Lung Disease. I have my feed via a gastrostomy tube, enteral feeding, up to ten hours at a time when required. It used to be twelve hours seven nights a week. I have been on it since I was born. Thanks to the nutrition **I have been allowed to grow!**

**Life on home artificial nutrition (HAN):** I love singing, dancing, acting and musical theatre. Also playing with my friends, swimming and riding my bike! **Singing is my real passion.** I do all I can to support my local hospital and the team who saved my life.

**My hope for the future** is that I will no longer require enteral nutrition; after ten years we are nearly there!

PINNT  
www.pinnt.com  
info@pinnt.com  
Tel: 020 3004 6193  
or 01202 481625



ALL RIGHTS RESERVED © 2015 PINNT (Patients on Intravenous and Naso gastric Nutrition Therapy). No part of this information may be re-printed or reproduced or utilised in any form or by any electronic, mechanical or other means, now known or hereafter invented, including photocopying and recording, or in any information storage or retrieval system, without permission in writing from the publishers.

www.pinnt.com

PINNT: "Supporting people on home artificial nutrition"

www.pinnt.com