



## CHRISTMAS MEETING ANNOUNCEMENT

***Save the date – Saturday 4<sup>th</sup> December 2010***

We are delighted to announce your next meeting will be at the Holiday Inn, Cardiff. We really want to encourage you to come along and get to know fellow patients and carers in your area. Don't like formal meetings – well this is your chance to meet people in a relaxed and informal setting. We will start mid afternoon on 4<sup>th</sup> December, some Christmas themed fun, a light meal and refreshments mixed in with as much or as little talk about artificial nutrition and tube feeding as you desire. We hope some of you will be able to stay over, discounted accommodation is being investigated, why not enjoy the delights Cardiff has to offer!

We want to make the most of our meeting not only for support and contact but as a fund-raising event for PINNT and our group. We will be making a small charge for tickets – only £5 each (should you have problems with this then please let me know).

Full details will be with you within the next couple of week – please save the date. If you have any questions about the meeting or the group then please do not hesitate to contact one of the people shown on the front cover ~ we would be delighted to hear from you.



*Letty & Heather  
+ team!*



## SOUTH WALES & BRISTOL REGIONAL GROUP NEWSLETTER

Volume 1

Issue 1

August 2010



Registered charity 327878

**PINNT**

**A support group for adults and children  
receiving parenteral  
or enteral nutrition therapy**

**Turn to page 4 for details of the next meeting – don't miss out!**

**National Contact:**

**Jan Curtis**

**PINNT, PO Box 3126,  
Christchurch,  
Dorset  
BH23 2XS**

**Email: [jancurtis@talktalk.net](mailto:jancurtis@talktalk.net)**

**Website: [www.pinnt.com](http://www.pinnt.com)**

**Tel: 01825 749525**

**Regional Contacts:**

**Letty Johns**

**Email: [let.ter@nitworld.com](mailto:let.ter@nitworld.com)**

**Tel: 01792521618**

**Heather Bowyer**

**Email: [heather.bowyer@hotmail.com](mailto:heather.bowyer@hotmail.com)**

**Tel: 01446 749389.**

## South Wales & Bristol PINNT Meeting Holiday Inn, Cardiff City Centre 8<sup>th</sup> May 2010

On Saturday 8<sup>th</sup> May, it was the 1<sup>st</sup> reformed regional group meeting held at the Holiday Inn Hotel, Cardiff, the first meeting in approximately 5 years. The conference room that we had at the hotel was outstanding. All the staff were very polite and helpful. I have sent a letter on behalf of the group thanking them for the fantastic service and accommodation. We may not be able to use the hotel much in the future for meetings, but will certainly be keeping them in mind for special occasions. Could be a possibility to use their hotel bar and restaurant to hold our 1<sup>st</sup> Christmas bash (see page four for full details).



along. We intend to put a lot of effort into encouraging new members to come and join in with the groups future activities.

The day started at 11:30 with an introduction from Carolyn Wheatley and myself. I was very nervous which probably showed to all. Dr. Hawthorn started the talks off; he spoke about parenteral feeding in Wales. He touched on when it first started and how it is progressing every year with more and more patients. Very interesting and enlightening. This was followed by a talk from Catherine Morgan Edwards, a nutritional nurse from Swansea. She looks after patients down the West of Wales with enteral and parenteral feeding regimes. Catherine managed to get the audience interacting with discussions and a brief look at different types of enteral feeding tubes. After Catherine had finished her presentation, we all then headed outside into the lounge area for a light lunch.

I would like to personally say thank you to all the members who attended and for your support. In addition, I on behalf of PINNT and the members would like to say a special thank you to Dr. Hawthorn, Sian Tracey (Nutritional Nurse, UHW), Catherine Morgan Edwards (Nutritional nurse, Swansea), Mandy O'Connell (Calea) who came

Lunch overrun but that was fine, at least everyone was enjoying themselves! After lunch we circulated questionnaires and collated a contact sheet which will be circulated. The group then had a discussion session, mainly to get inspiration from everyone and where to turn next. Also to try and come up with a date for our next meeting. We agreed that the group should establish a small committee within the group to help me set out the future for the group. Given we are all patients we never know when we have off days so we need to support each other. The committee members are as follows:

Mark Bray (Regional co-ordinator), Letty Johns, Phillip Jenkins, Carol Jenkins, Terry Mogford, Christine Mogford, and Heather Bowyer. Carolyn Wheatley will be the EC contact (supported by Jan Curtis).

A newsletter following each meeting will be circulated locally to keep momentum going and keep the group at the forefront of peoples minds. We will keep the local PINNT support alive via written and verbal communications.

We all agreed that this group is greatly needed and I took the opportunity to invite patients from the Bristol area to be involved to be involved too. We will actively seek promote our group to patients in Bristol, and the south west region. We were delighted to welcome our first member's from the South West, Christopher Walpole, and his wife, and may many more be involved from the South West.

There was discussion about our next meeting being a bit of a social event prior to Christmas which we hope will happen. Ideas about future meeting were debated, a workshop on feeding pumps was an idea floated – let's see what the team come up with.

Thank you to everyone who attended the meeting and for all who helped as well. I hope to speak to you all very soon, and I will be in touch with any information that I have to share with you all

PINNT wish to thank Calea and Bupa for their support with this meeting, we hope to continue having close ties with them.

**Mark Bray**

